

Applied Clinical Therapy Certification Calendar Theory September-December 2022 (16 weeks)

Week	Dates & Times
Module 1: The Basics of Cognitive Behavioral Therapy (CBT)	
Week 1	<p style="text-align: center;">Monday September 5th: 12pm-1pm</p> <ul style="list-style-type: none">- Class Introduction & Discussion led by Dr.Bita <p style="text-align: center;">Wednesday September 7th: 12pm-2pm</p> <ul style="list-style-type: none">- CBT Seminar led by TA <p style="text-align: center;">Friday September 9th: 12pm-2pm</p> <ul style="list-style-type: none">- CBT Seminar led by TA
Week 2	<p style="text-align: center;">Wednesday September 14th: 12pm-2pm</p> <ul style="list-style-type: none">- CBT Seminar led by TA <p style="text-align: center;">Friday September 16th: 12pm-2pm</p> <ul style="list-style-type: none">- CBT Seminar led by TA
Week 3	<p style="text-align: center;">Monday September 19th: 11am-12pm</p> <ul style="list-style-type: none">- Class Discussion led by Dr.Bita <p style="text-align: center;">Wednesday September 21st: 12pm-2pm</p> <ul style="list-style-type: none">- CBT Seminar led by TA <p style="text-align: center;">Friday September 23rd: 12pm-2pm</p> <ul style="list-style-type: none">- CBT Seminar led by TA
Week 4	<p style="text-align: center;">Wednesday September 28th: 12pm-2pm</p> <ul style="list-style-type: none">- CBT Seminar led by TA <p style="text-align: center;">Friday September 30th 12pm-2pm</p> <p style="text-align: center;">CBT Final Exam</p>

Module 2: Dialectical Behavior Therapy (DBT) & Virtual Reality Therapy (VRT)	
Week 5	<p style="text-align: center;">Monday October 3rd: 12pm-1pm</p> <ul style="list-style-type: none">- Class Discussion led by Dr.Bita <p style="text-align: center;">Wednesday October 5th: 12pm-1:30pm</p> <ul style="list-style-type: none">- DBT Seminar led by TA <p style="text-align: center;">Friday October 7th: 12pm-1:30pm</p> <ul style="list-style-type: none">- DBT Seminar led by TA
Week 6	<p style="text-align: center;">Wednesday October 12th: 12pm-1:30pm</p> <ul style="list-style-type: none">- DBT Seminar led by TA <p style="text-align: center;">Friday October 14th: 12pm-1:30pm</p> <ul style="list-style-type: none">- DBT Seminar led by TA
Week 7	<p style="text-align: center;">Monday October 17th: 12pm-1pm</p> <ul style="list-style-type: none">- Class Discussion led by Dr.Bita <p style="text-align: center;">Wednesday October 19th: 12pm-1:30pm</p> <ul style="list-style-type: none">- DBT Seminar led by TA <p style="text-align: center;">Friday October 21st: 12pm-1:30pm</p> <ul style="list-style-type: none">- DBT Seminar led by TA
Week 8	<p style="text-align: center;">Monday October 24th: 12pm-1:30pm</p> <ul style="list-style-type: none">- DBT & VRT Seminar led by TA <p style="text-align: center;">Wednesday October 26th: 12pm-1:30pm</p> <ul style="list-style-type: none">- DBT & VRT Seminar led by TA <p style="text-align: center;">DBT & VRT Final Exam</p> <p style="text-align: center;">Friday October 28th 1:00pm-3:00pm</p>

Module 3: Ethics in Therapy & Application in Clinical Writing	
Week 9	<p style="text-align: center;">Monday October 31st: 12pm-1pm</p> <ul style="list-style-type: none"> - Ethics Class Discussion led by Dr.Bita <p style="text-align: center;">Wednesday November 2nd: 12pm-2:00pm</p> <ul style="list-style-type: none"> - Ethics Seminar led by TA
Week 10	<p style="text-align: center;">Wednesday November 9th: 12pm-2:00pm</p> <ul style="list-style-type: none"> - Ethics Seminar: Challenging Ethical Questions led by TA
Week 11	<p style="text-align: center;">Monday November 14th: 12pm-1pm</p> <ul style="list-style-type: none"> - Clinical Writing Class Discussion led by Dr.Bita <p style="text-align: center;">Wednesday November 16th: 12pm-2:00pm</p> <ul style="list-style-type: none"> - Clinical Writing Seminar led by TA & Introduce Presentation Guidelines
Week 12	<p style="text-align: center;">Wednesday November 23rd: 12pm-2:00pm</p> <ul style="list-style-type: none"> - Clinical Writing Seminar led by TA - Discussion on Outlines & References <p style="text-align: center;">Ethics & Clinical Writing Final Exam</p> <p style="text-align: center;">Friday November 25th 22nd 12pm-2pm</p>
Module 4: Working with Resistant Clients and Motivational Interviewing	
Week 13	<p style="text-align: center;">Monday November 28th 12pm-2pm</p> <ul style="list-style-type: none"> - Resistant Clients & Motivational Interviewing Class Discussion led by Dr.Bita <p style="text-align: center;">Wednesday November 30th: 12pm-1:30pm</p> <ul style="list-style-type: none"> - Resistant Clients Seminar led by TA & Present outlines <p style="text-align: center;">Friday December 2nd: 12pm-1:30pm</p> <ul style="list-style-type: none"> - Special Topic Presentation Present outline in TA Meeting

Module 5: Special Topics Presentations & Supervision Attendance	
Week 14	<p style="text-align: center;">Monday December 5th: 9am-10:30am</p> <ul style="list-style-type: none">- Attending Dr.Bita's Supervision <p style="text-align: center;">Thursday December 8th: 12pm-2:00pm</p> <ul style="list-style-type: none">- Special Topic Presentations & Discussions
Week 15	<p style="text-align: center;">FINAL EXAMINATIONS</p> <p style="text-align: center;">Friday December 16th: 10am-12pm</p> <ul style="list-style-type: none">- Final Theory Exam (culmination of all modules) <p style="text-align: center;">Monday December 19th 12pm-2pm</p> <ul style="list-style-type: none">- Practical Evaluation with Dr.Bita Role-Play
Week 16	<p style="text-align: center;">Finals Review & Student Feedback Prior to Practicum</p> <p style="text-align: center;">Thursday December 22nd (Individual time TBD)</p> <ul style="list-style-type: none">- Individual Feedback with Dr.Bita